# newtons first law practice problems and answers

Newton's First Law is a fundamental principle in physics that describes the behavior of objects in motion or at rest. It states that an object will remain at rest or in uniform motion in a straight line unless acted upon by a net external force. This law lays the groundwork for classical mechanics and helps us understand how forces influence the motion of objects. In this article, we will explore Newton's First Law through various practice problems, providing detailed explanations and answers to enhance your understanding of this crucial concept.

# **Understanding Newton's First Law**

Before diving into practice problems, it's essential to comprehend the essence of Newton's First Law.

This law can be summarized in two key points:

- 1. An object at rest will stay at rest unless acted upon by a net external force.
- 2. An object in motion will remain in motion with the same speed and in the same direction unless acted upon by a net external force.

This principle highlights the concept of inertia, which is the tendency of an object to resist changes in its state of motion. The greater the mass of an object, the greater its inertia, and thus, the more force is required to change its motion.

## **Practice Problems**

Now, let's delve into some practice problems that illustrate Newton's First Law. Each problem will be followed by a detailed solution to reinforce your understanding.

Problem 1: A Stationary Object

A book rests on a table. What will happen to the book if no external forces act on it?

Solution:

- The book will remain at rest because, according to Newton's First Law, an object at rest stays at rest

unless acted upon by a net external force.

- Here, the only forces acting on the book are gravity (pulling it downward) and the normal force from

the table (pushing it upward), which are balanced. Since there is no unbalanced force, the book does

not move.

Problem 2: A Moving Car

A car is traveling at a constant speed of 60 km/h on a straight, flat road. If the driver takes their foot

off the accelerator, what will happen to the car?

Solution:

- The car will continue to move at the same speed and in the same direction. According to Newton's

First Law, the car will maintain its state of motion unless acted upon by an external force (like friction

or air resistance).

- However, in real-world scenarios, forces such as friction and air resistance will gradually slow the car

down. Still, the key takeaway is that the car will not change its speed or direction on its own.

Problem 3: Ice Skater in Motion

An ice skater glides across the ice and eventually comes to a stop. Explain why the skater does not

continue gliding indefinitely.

#### Solution:

- Initially, the ice skater is in motion, and according to Newton's First Law, she would continue moving unless acted upon by an external force.
- In this case, the skater experiences friction between the ice and her skates, as well as air resistance, which are external forces acting against her motion. These forces cause her to lose speed and eventually come to a stop.

## Problem 4: The Effect of Mass on Inertia

Compare the motion of a small ball and a large ball when both are at rest. What will happen if the same force is applied to both?

#### Solution:

- 1. Both balls start at rest.
- 2. When a force is applied:
- The small ball, having less mass, will accelerate more than the large ball.
- According to Newton's First Law, the acceleration (change in motion) of an object depends on its mass (inertia) and the net force applied.
- If the same force is applied, the acceleration of each ball can be determined using the equation \( F = ma \), where:
- \( F \) = force applied
- \( m \) = mass of the object
- \( a \) = acceleration
- 3. Since the large ball has more mass, it will accelerate less than the small ball. For example, if a force of 10 N is applied:

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- Small ball (mass = 1 kg):
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 $- (a = F/m = 10 N / 1 kg = 10 m/s^2)$ 

- Large ball (mass = 5 kg):

 $- (a = F/m = 10 N / 5 kg = 2 m/s^2)$ 

## Problem 5: Force and Motion on a Surface

A box is sliding on a frictionless surface. Describe its motion if no external forces are applied.

#### Solution:

- On a frictionless surface, if the box is in motion, it will continue to slide indefinitely with a constant velocity in a straight line.
- This scenario is a perfect illustration of Newton's First Law, as the absence of external forces means that the box's state of motion will not change.

## Problem 6: The Role of Balanced Forces

Imagine a book lying on a table, and someone pushes it gently. The book does not move. Explain why.

#### Solution:

- The book experiences two forces: the gravitational force pulling it down and the normal force from the table pushing it up. These forces are equal in magnitude and opposite in direction, resulting in a net force of zero.
- Since there is no unbalanced force acting on the book, it remains at rest. This situation exemplifies Newton's First Law, where an object will not change its state of motion unless acted upon by a net external force.

## Conclusion

In summary, Newton's First Law serves as a fundamental principle in understanding motion and forces. Through the practice problems outlined in this article, we have examined real-world scenarios that illustrate this law's implications. Whether it's a book resting on a table, a car moving at a constant speed, or the effects of mass and inertia, these examples reinforce the idea that motion is dependent on the presence of net external forces. By mastering these concepts, students gain a deeper appreciation for the principles governing the physical world, setting a strong foundation for further studies in physics.

# Frequently Asked Questions

## What is Newton's First Law of Motion?

Newton's First Law states that an object at rest will remain at rest, and an object in motion will continue in motion with the same speed and in the same direction unless acted upon by a net external force.

# How can I identify if an object is in equilibrium according to Newton's First Law?

An object is in equilibrium if the net external force acting on it is zero. This means either the object is at rest or moving at a constant velocity.

## Can you provide a practice problem involving an object at rest?

Sure! A book is lying on a table. What forces are acting on the book? The forces include the gravitational force pulling it down and the normal force from the table pushing it up, which are equal and opposite, resulting in a net force of zero.

What is a common misconception about Newton's First Law?

A common misconception is that an object in motion needs a continuous force to keep moving. In

reality, an object will maintain its state of motion unless a net external force acts on it.

How does friction relate to Newton's First Law?

Friction is a force that opposes motion. According to Newton's First Law, if the frictional force is equal

to the applied force on a moving object, the object will continue to move at constant velocity.

Can you give an example of Newton's First Law in everyday life?

Yes! When you are in a car that suddenly stops, your body continues to move forward due to inertia,

which is a direct application of Newton's First Law.

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