

music and emotion theory and research

Music and emotion theory and research have long intrigued scholars, musicians, and psychologists alike. The profound ability of music to evoke emotions is a universal phenomenon, transcending cultural and linguistic barriers. This article delves into the theories behind the connection between music and emotion, reviews significant research findings, and explores the implications of these insights across various fields, including psychology, music therapy, and education.

Theoretical Frameworks of Music and Emotion

The relationship between music and emotion is often explored through various theoretical frameworks. These theories attempt to explain how music can elicit emotional responses and the underlying mechanisms that facilitate this process.