

# mercy college physical therapy

**Mercy College Physical Therapy** is a prominent program designed to equip students with the skills and knowledge necessary for a successful career in physical therapy. Located in Dobbs Ferry, New York, Mercy College is known for its commitment to academic excellence and community engagement. The physical therapy program is highly regarded for its comprehensive curriculum, experienced faculty, and hands-on clinical training. This article will explore the aspects of Mercy College's physical therapy program, including its structure, admission requirements, curriculum, and career opportunities.

## Overview of Mercy College Physical Therapy Program

Mercy College offers a Doctor of Physical Therapy (DPT) degree, which is essential for those wishing to practice as licensed physical therapists. The program is designed to provide students with a thorough understanding of human anatomy, movement science, and therapeutic interventions. The DPT program is a full-time, three-year course of study that includes both classroom education and clinical experiences.

## Mission and Goals

The mission of the Mercy College Physical Therapy program is to prepare graduates to become effective, compassionate, and ethical physical therapists. The program aims to foster:

- Clinical reasoning and critical thinking
- Evidence-based practice
- Lifelong learning and professional development
- Advocacy for patients and the profession

## Admission Requirements

To gain admission into the Doctor of Physical Therapy program at Mercy College, prospective students must meet specific criteria:

1. Educational Background: Applicants should possess a bachelor's degree or its equivalent from an accredited institution. A strong background in the sciences is preferred.
2. Prerequisite Courses: Students must complete specific prerequisite courses, including:
  - Biology (with lab)
  - Chemistry (with lab)
  - Physics (with lab)
  - Anatomy and Physiology
  - Psychology

3. Minimum GPA: A minimum cumulative GPA of 3.0 is generally required, with particular emphasis on science courses.
4. GRE Scores: Submission of Graduate Record Examination (GRE) scores is typically required, although some exceptions may apply.
5. Observation Hours: Applicants must complete a set number of observation hours in a physical therapy setting. This experience helps students understand the profession and its demands.
6. Letters of Recommendation: Strong letters of recommendation from academic or professional sources are essential to demonstrate the applicant's potential for success in the program.
7. Personal Statement: A personal statement outlining the applicant's interest in physical therapy and career goals must be submitted.
8. Interview: Selected candidates may be invited for an interview as part of the admissions process.

## **Curriculum Structure**

The DPT program at Mercy College is structured to provide a comprehensive education that integrates theoretical knowledge with practical skills. The curriculum is divided into several components:

### **Core Coursework**

The core coursework includes a variety of subjects that prepare students for clinical practice:

- Basic Sciences: Courses in anatomy, physiology, and kinesiology lay the groundwork for understanding human movement and physical function.
- Clinical Skills: Students learn essential assessment and treatment techniques, including manual therapy, therapeutic exercise, and modalities.
- Pathophysiology: Understanding diseases and their impact on function is crucial for effective treatment planning.
- Professional Ethics: Courses in ethics prepare students to navigate complex clinical situations and advocate for their patients.

### **Clinical Experience**

One of the highlights of the Mercy College DPT program is the emphasis on clinical experience. Students participate in a variety of clinical rotations throughout their education:

- Clinical Internships: These experiences allow students to apply their knowledge in real-world settings, working under the supervision of licensed physical therapists.

- **Diverse Settings:** Students may work in various environments, including outpatient clinics, hospitals, rehabilitation centers, and sports facilities.
- **Capstone Project:** In their final year, students complete a capstone project that involves research or a special clinical experience, allowing them to contribute to the field of physical therapy.

## **Faculty and Resources**

Mercy College boasts a dedicated faculty comprised of experienced practitioners and educators. Faculty members are committed to student success and focus on providing personalized instruction. Additionally, the college offers various resources to support students:

- **State-of-the-Art Facilities:** The physical therapy department is equipped with modern labs and equipment that enhance the learning experience.
- **Student Organizations:** Opportunities to engage in professional organizations encourage networking and development outside the classroom.
- **Advising and Mentorship:** Students receive guidance from faculty advisors to help them navigate their academic and professional paths.

## **Career Opportunities for Graduates**

Graduates of the Mercy College DPT program are well-prepared to enter a dynamic and rewarding field. The demand for physical therapists is high, with many opportunities available in various settings:

- **Outpatient Clinics:** Many physical therapists work in outpatient settings, providing care for patients recovering from surgery, injury, or chronic conditions.
- **Hospitals:** Physical therapists in hospitals may work with patients in acute care, rehabilitation, and specialized departments such as pediatrics or geriatrics.
- **Sports Teams:** Some graduates may pursue careers in sports medicine, working with athletes to prevent and rehabilitate injuries.
- **Research and Academia:** Graduates interested in advancing the field may engage in research or teach future physical therapists.
- **Private Practice:** Some graduates choose to open their own practices, offering specialized services to meet community needs.

## **Licensure and Certification**

To practice as a physical therapist, graduates must pass the National Physical Therapy Examination

(NPTE) and obtain licensure in their respective states. Additionally, some may choose to pursue advanced certifications in specialty areas such as orthopedics, geriatrics, or pediatrics.

## **Conclusion**

In conclusion, the **Mercy College Physical Therapy** program offers a robust education that prepares students for a fulfilling career in physical therapy. With a strong emphasis on clinical experience, a comprehensive curriculum, and dedicated faculty, graduates are equipped with the skills necessary to excel in various healthcare settings. The demand for physical therapists continues to grow, making this an excellent time to pursue a career in this essential field. Whether working in hospitals, clinics, or private practices, Mercy College graduates are poised to make a significant impact on the lives of their patients.

## **Frequently Asked Questions**

### **What programs does Mercy College offer in physical therapy?**

Mercy College offers a Doctor of Physical Therapy (DPT) program, which prepares students for a career as licensed physical therapists.

### **What are the admission requirements for the DPT program at Mercy College?**

Admission requirements typically include a completed application, a bachelor's degree, prerequisite coursework, letters of recommendation, and a minimum GPA, along with GRE scores.

### **How long does it take to complete the DPT program at Mercy College?**

The Doctor of Physical Therapy program at Mercy College is a three-year program, consisting of both coursework and clinical internships.

### **What is the focus of the curriculum in Mercy College's DPT program?**

The curriculum focuses on evidence-based practice, clinical skills, patient care, and professional development, preparing students for various settings in physical therapy.

### **Are there any clinical internship opportunities in the DPT program at Mercy College?**

Yes, the program includes multiple clinical internships where students gain hands-on experience in diverse healthcare settings under the supervision of licensed professionals.

## **What kind of support does Mercy College provide to physical therapy students?**

Mercy College offers academic advising, access to tutoring services, career counseling, and opportunities for networking and professional development within the physical therapy field.

### **Mercy College Physical Therapy**

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